

Be confident in who you are as a Muslim

A Brief Guide for Children



Stand tall and celebrate you are a Muslim!

**“Indeed, We have created man in the best of stature.”
(Qur'an, 95:4)**

**Allah made us with special qualities and a unique purpose. Being
yourself means showing the gifts Allah gave you.**





Peer Pressure Can Make You Do Things You Don't Want

**And cooperate in righteousness and piety, but do not cooperate in sin and aggression.”
(Qur'an, 5:2)**

Sometimes friends might encourage you to do things that are wrong or not good for you. It's important to stand firm and say no, because pleasing Allah comes first.



True Friends Accept You for Who You Are

The Prophet Muhammad (peace be upon him) said that a good friend is someone who helps you become better. True friends support you for who you are and encourage you to do good.


"A person is upon the religion of his close friend, so be careful whom you befriend."

— Prophet Muhammad ﷺ (Hadith, Abu Dawood)



Your Choices Shape Your Future

Your actions matter, and making good choices builds your character and your place in this life and the hereafter. Be true to who you are and make choices that please Allah.



**Allah loves those who
trust in Him and believe in
the good within
themselves. You are a
valuable creation, so have
confidence and remember
you are never alone.**

**Always
Believe in
Yourself!**

**“Verily, with every difficulty comes ease.”
(Qur'an, 94:6)**

A red chess pawn stands prominently in the foreground, facing away from the viewer. Behind it, a large number of grey chess pawns are arranged in rows, receding into the background. The scene is set on a light-colored surface, possibly a chessboard. The lighting is soft, creating a sense of depth and focus on the red pawn.

You Don't Have to Follow the Crowd

**Sometimes doing the right
thing means standing out.
Even if everyone else is
doing something wrong,
you have the strength to do
what's right and Allah sees
your effort!**

**"And if you obey most of those upon the earth, they will
mislead you from the way of Allah." (Qur'an, 6:116)**

"Allah does not look at your appearance or your wealth, but He looks at your hearts and your deeds." (Hadith, Muslim)



Your Real Worth Comes from Your Heart

Allah doesn't care about how you look or what others think of you—He looks at your heart and your actions. So don't try to change yourself to please people. Just be your best self for Allah.



Courage is Saying 'No' When You Need To

"The strong one is not the one who can wrestle, but the one who controls himself when angry." (Hadith, Bukhari)

It takes bravery to say "no" when something feels wrong. But being brave for the sake of Allah brings strength in your heart.

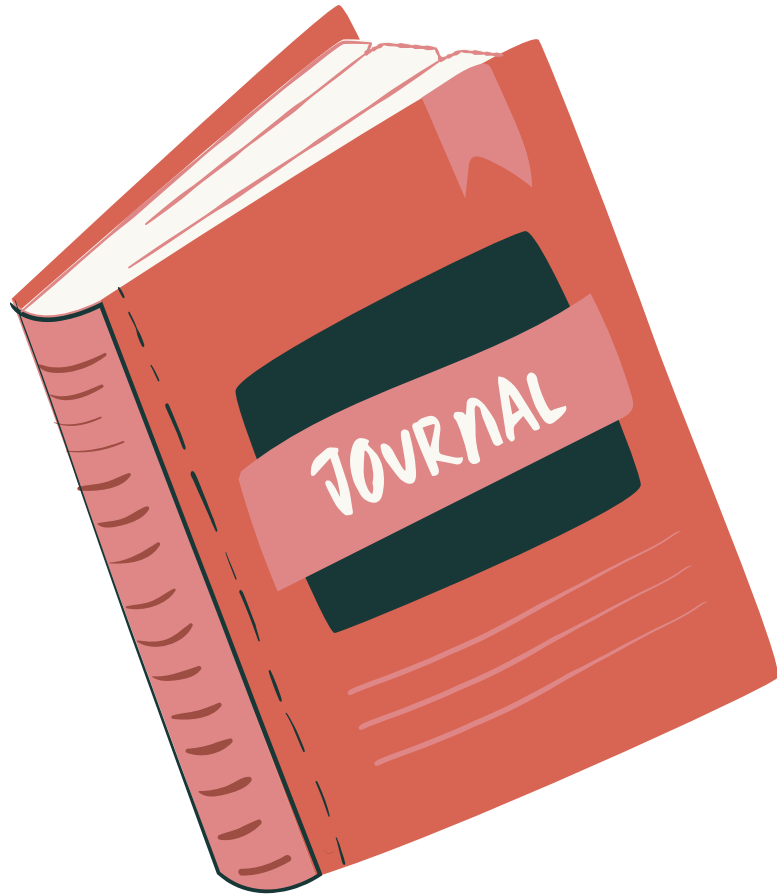


You are special!

Alhamdulillah

In a notebook or journal follow up with these activities:

MAKE IT
HAPPEN



1. “My True Friend” Poster

Draw or write about what makes a good friend in Islam. Think about kindness, honesty, reminding you of Allah, and accepting you as you are. Use the space below to draw or write:

2. “Be Yourself” Du'a Card

**Write a short du'a asking Allah to help you be strong and true to yourself. You can decorate your card later. Here's an example to help you:
Ya Allah, help me be strong, honest, and true to who You made me. Help me make good choices and have good friends. Ameen.**

3. What Would You Do?

Read the situations below and write or talk about what you would do:

- Your friend asks you to lie for them. What would you do?**
- Everyone is laughing at someone who made a mistake. What would you do?**
- A group is doing something wrong, but you know it's not right. What would you do?**

4. My Strength Journal Page

Fill in the blanks or draw your answers. This helps you remember the good things Allah has given you.

- Allah made me good at: _____**
- I feel strong when: _____**
- I can say no to: _____**
- I trust Allah when: _____**

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